



## From the Kitchen of Executive Chef Jessica VanRoo

### Chocolate Raspberry Quinoa Breakfast Bowl

#### Ingredients

- 2 cups coconut milk (not canned, carton) or milk of choice
- 1 cup quinoa, well rinsed
- 2 tablespoons cocoa powder
- 2-3 tablespoons maple syrup or monk fruit sweetener
- 1 banana, sliced
- ½ cup berries

#### Instructions

- In a small pot, combine coconut milk and quinoa.
- Bring the mixture to a boil, reduce heat to a simmer and cook for 20 minutes, stirring occasionally.
- Remove pot from the heat, stir in cocoa powder and sweetener, blend thoroughly.
- Allow ingredients to get acquainted for a few minutes.
- Ladle quinoa mixture into a bowl.
- Top with banana slices and berries then serve.