

Concierge Primary Care

A unique, personalized whole-person approach to healthcare



Be your healthiest you

At UCI Health, we believe you should never feel alone in your health journey. If you or a loved one is living with a chronic or complex condition, or you are healthy and want to take steps to prevent disease, a close relationship with a trusted primary care physician can make all the difference.

Traditional primary care physicians treat common illnesses and make referrals for specialty care, but they often lack the time to thoroughly investigate a patient's condition and how it affects every aspect of their life.

The UCI Health Concierge Primary Care program, led by expert concierge primary care physician Dr. Marcela Dominguez, is designed for patients who want access to consistent, comprehensive care.

Our annual membership-based program manages care for a limited number of patients, which means your doctor can devote more time to focus on your overall wellness and preventive care.

To schedule an introductory meeting with our concierge physician, call (949)386-5700.

PATIENT TESTIMONIAL

"I truly appreciate Dr. Dominguez's approach to concierge medical care for so many reasons. As I am a strong believer in preventive care combined with a mind- body



approach, I have found Dr. D's practice to be a great fit for me. She approaches each patient uniquely with personal attention and care. It is a special doctor who will take the time to research and provide answers to some of the

complex questions that have come up through this past year. Having a doctor who is current on preventive health is equally important especially now while we are understanding the importance of individual immune health."

— Evalyn Daniel Putnam
Patient

Concierge program amenities

As a member of UCI Health Concierge Primary Care Program, you can expect an enhanced healthcare experience, one where you and your doctor work together on your specific needs, identify a personalized care plan that works for you and immediately address any health issues as soon as they arise.

ANNUAL MEMBERSHIP AMENITIES INCLUDE:

Exclusive access

- 24/7 communication with your primary care team via cell phone, email or text message
- Office appointments scheduled within 48 hours of the request (including access to same-day office appointments when available)
- Extended office and telehealth visits
- Limited number of patients per provider
- Direct provider access:
 - During concierge practice office hours (Monday, Tuesday and Thursday, 8 a.m.–5 p.m.), you may call our main office line and the office will respond before the end of the day.
 - After normal office hours (including weekends) you may contact the physician directly via cell phone (text or phone call), and you will receive a response before the end of the day.

Optimal healing environment

- Our unique location in Newport Beach was designed to promote optimal healing by offering a calm, relaxing and comfortable environment.
- Our skilled, attentive and caring medical staff will coordinate your care and personally assist you at appointments.

Whole-person care

- Our integrative health approach focuses on your overall health rather than treating only specific conditions or ailments. This helps us determine the root causes of any health issues and create a personalized therapy plan to address the needs of your body, mind and spirit.

- Included as part of your concierge membership, you will receive an annual:
 - Body composition analysis
 - Personalized nutritional counseling session with a registered integrative dietitian
 - Comprehensive stress management consultation with an expert in mindfulness
 - Customized one-on-one fitness assessment with our yoga specialist
- We offer other comprehensive services to help you meet your health and wellness goals.
- Your individual lab reports will include targeted suggestions to improve your health.
- Our focus on preventive care means addressing every aspect of your health, from the inside out.

Coordinated care

- We offer personal coordination of urgent appointments.
- We provide secure, web-based communications to schedule appointments, request prescription refills and access to your medical records through MyChart.
- Our providers collaborate to ensure you receive comprehensive, personalized care.
- We work closely with the UCI Health hospitalist team to ensure a smooth and safe transition from inpatient to outpatient care.
- We can assist you with form processing (i.e., for DMV, facility annual forms, work-related issues, etc.) at no additional cost (unless an office visit is required for completion of the form).

Additional amenities:

- Exclusive members-only invitations to our health and well-being lectures
- Access to mindfulness, yoga therapy and tai chi classes

OUR PHYSICIAN

Marcela I. Dominguez, MD

Family Medicine



Dr. Marcela Dominguez is a board-certified family medicine practitioner who specializes in integrative approaches to patient care.

Investigating underlying causes of illness and restoring normal function is her focus and passion. Dr. Dominguez comes to UCI Health with over eight years of experience in integrative concierge

medicine. She focuses on providing personalized, comprehensive, whole-person care.

Dominguez earned her medical degree from UC San Diego and completed a residency in family medicine at Long Beach Memorial Medical Center. Expanding her medical expertise and care, Dr. Dominguez completed a fellowship in integrative cancer therapies. She also has completed a fellowship with the Medical Association for Pediatric Special Needs, so she can better help young patients with more severe and complex medical conditions. She is currently completing her chronic immune response syndrome certification to help patients with illness related to exposure to water-damaged buildings.



MEMBERSHIP

Our concierge primary care services are offered at UCI Health – Newport Beach, our new clinical location adjacent to Fashion Island.

Annual membership fees

Individual membership	\$2,800
Member's spouse	\$2,500
Adult child (ages 18 to 26)*	\$700
Minor child (ages 14 to 17)	\$700

Please note:

- A family member is defined as an adult child, ages 18–26, of the same immediate family who lives in your household or is enrolled in a higher education program and lives independently.*
- Limited enrollments are available.
- Annual membership fees cover concierge services listed above only. You and your insurance carrier are responsible for charges for all other services provided by UCI Health.
- Memberships are non-transferable.
- Per federal regulations, we need to bill your insurance, as appropriate, for your annual physical examinations, office visits and procedures.

ENROLLMENT & SCHEDULING

To enroll in the UCI Health Concierge Primary Care Program and schedule your appointment, visit ucihealth.org/newportbeach or call 949-386-5700.

Appointments are available Mondays, Tuesdays and Thursdays.

UCI Health — Newport Beach
2161 San Joaquin Hills Road
Newport Beach, CA 92660

ucihealth.org/newportbeach

949-386-5700

UCI Health

Susan Samueli
Integrative Health Institute

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